

Week of 9/28-10/4

Week 5 Manor/ Haven Dining Menu

	Monday 9/28	Tuesday 9/29	Wednesday 9/30	Thursday 10/1	Friday 10/2	Saturday 10/3	Sunday 10/4
BREAKFAST	Cream of Wheat Vegetable Frittata Pork Sausage Links Breakfast Potatoes Banana Choice of Toast	Old Fashioned Oatmeal Belgian Waffle Turkey Sausage Patty Orange Slices Choice of Toast	Cream of Wheat Scrambled Eggs Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast	Old Fashioned Oatmeal Buttermilk Pancakes Turkey Sausage Patty Sliced Apples Choice of Toast	Cream of Wheat Bacon, Egg and Cheese Muffin Breakfast Potatoes Blueberries Choice of Toast	Old Fashioned Oatmeal Scrambled Eggs Hash Brown Potatoes Honeydew Melon Choice of Toast	Cream of Wheat Apple Cinnamon Muffin Turkey Sausage Patty Fruit Cocktail Choice of Toast
LUNCH	*Macaroni Salad* Citrus Tilapia Cornbread Green Peas or Ginger Sesame Salad with Chicken Cornbread Asparagus Cuts Chocolate Mousse	*Caesar Salad* Jumbo Cheese Ravioli with Marinara Sauce Dinner Roll Steamed Fresh Zucchini Or Turkey Club Wrap Stewed Tomatoes Confetti Cake	*Tossed Garden Salad* Chicken Pot Pie Biscuit Steamed Cut Broccoli Or Grilled Cheese and Tomato on White Steamed Italian Vegetable Medley Rainbow Sherbet	*Fruit Salad* Turkey Burger with Lettuce and Tomato Oven Baked French Fries Broccoli Slaw Or Spinach and Mushroom Strata Green Peas Chocolate Ice Cream	*Tossed Garden Salad* Supreme Pizza Sliced Carrots or Shrimp Alfredo Linguine Noodles Mixed Vegetables Chocolate Strawberry Parfait	*Potato Salad* Citrus Marinated Pork Loin Golden Rice Pilaf Green Beans Or Cheese Manicotti Zucchini and Yellow Squash Coffee Cake	*Cucumber Salad* Pot Roast Mashed Potatoes California Mixed Vegetables Or Chicken and Rice Casserole Peas and Mushrooms Dutch apple pie
DINNER	*White Bean and Sundried Tomato Soup* Simply Seared Pork Loin White Rice Yellow Squash Or Patty Melt Green Peas Baked Cinnamon Apples	*Tomato Basil Soup* Savory Rotisserie Style Chicken Thigh with Gravy Sour Cream & Chive Mashed Potatoes Three Bean Salad Or Tuna Salad Sandwich Stewed Tomatoes Strawberry Cheesecake Bar	*Sweet Potato & Black Bean Chili* Crispy Parmesan Sole Smashed Red Potatoes Green Beans Or Chef Salad Citrus Basil Roasted Vegetables Peanut Butter Fudge Brownie	*Potato Leek Soup* Pork Pernil White Rice Green Peas Or Teriyaki Chicken White Rice Asian Vegetables Lemon Meringue Pie	*Chicken Ditalini Soup* Baked Fried Chicken Dinner Roll Corn O`Brien Or Ham and Swiss Sandwich Coleslaw Angel Food Cake with Chocolate Sauce	*Beef Barley Soup* Carbonara with Chicken and Spinach Baby Carrots Or Tuna Wrap Baked Tater Tots Zucchini and Yellow Squash Apple Caramel Bread Pudding	*Minestrone Soup* Roasted Turkey Breast with Gravy Baked Sweet Potato Wedges Peas and Mushrooms Or Sloppy Joe Sandwich Broccoli and Cauliflower Chocolate Cake